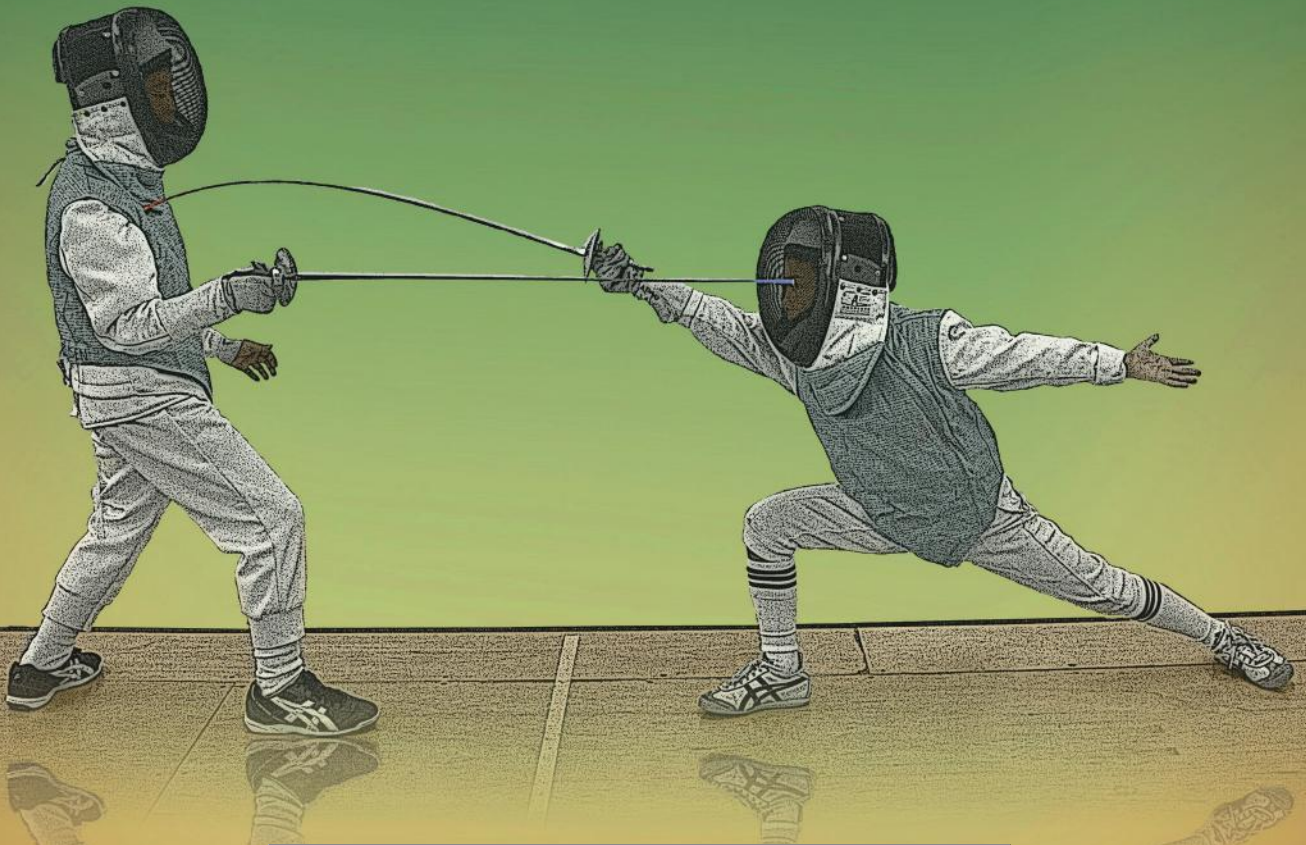


Fencing Foil:

A Practical Training Guide for Coaches, Parents and Young Athletes



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